

A PATH Towards Healing and support for Older Women



About the Study

A-PATH is a national research study funded by NIHR about how to improve support for women aged 60 and over who have experienced, or may be experiencing, harmful or controlling behaviour from a partner or former partner. Your experiences can help us understand what support works best and how to adapt an existing wellbeing programme for older women.

What Taking Part Involves

If you join the study, you can try one of two types of support:

Practical Support: help to understand your options and access services.

Practical + Emotional Support: practical help plus extra sessions focused on emotional and psychological wellbeing.

You will also be invited to share your views on what makes it easier or harder to get the support you need.

Contact the Research Team

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